



Nurturing Our Spirit

Parenting Circle

October 15 - December 10, 2024

Tuesday 10:30AM - 12:30PM

Location: 2335 30 Ave NE Calgary, AB, T2E 7C7

The program offerings acknowledge and integrate Indigenous cultural teachings from our Elders and Knowledge Keepers that span over centuries. It is an intrinsic part of nurturing identity and purpose for the next generation—our children, the most sacred and precious gifts who are at the centre of this Circle. By nurturing the spirit of our children through their caregivers, they flourish within a beautiful exchange rooted in the story of resiliency and survivance.

Inspired by the 7 Nurturing Parenting Principles and aligned with the 7 Sacred Teachings of:

Wisdom - The Joy of Discipline

Love - The Joy of Attachment

Respect - The Joy of Empathy

Courage - The Joy of Nurturing of Oneself

Honesty - The Joy of Expressing of Feelings

Humility - The Joy of Expectations and Self Worth

Truth - The Joy of Gentle Touch

Balance and Resiliency

Transportation assistance and childcare may be booked during registration. Light lunch after program.

Registration is required:

Linda Collins: neconnector@miskanawah.ca or 403-700-8440

Lynette Persaud: nwconnector@miskanawah.ca or 403-714-4895

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