



Nurturing Our Spirit

Parenting Circle

April 9 - June 25, 2025

Wednesday 10:30AM - 12:30PM

Location: Tawaw East: 2335 30 Ave NE, Calgary

The program offerings acknowledge and integrate Indigenous cultural teachings from our Elders and Knowledge Keepers that span over centuries. It is an intrinsic part of nurturing identity and purpose for the next generation—our children, the most sacred and precious gifts who are at the centre of this Circle. By nurturing the spirit of our children through their caregivers, they flourish within a beautiful exchange rooted in the story of resiliency and survivance.

Inspired by the 7 Nurturing Parenting Principles and aligned with the 7 Sacred Teachings of:

Wisdom - The Joy of Discipline

Love - The Joy of Attachment

Respect - The Joy of Empathy

Courage - The Joy of Nurturing of Oneself

Honesty - The Joy of Expressing of Feelings

Humility - The Joy of Expectations and Self Worth

Truth - The Joy of Gentle Touch

Balance and Resiliency

Transportation support may be available, and childcare may be booked during registration.
Light lunch after program.

Registration is required:

Linda Collins: neconnector@miskanawah.ca or 403-700-8440

Lynette Persaud: nwconnector@miskanawah.ca or 403-714-4895

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