



# RAPID ACCESS COUNSELLING

**Starting Septmeber 22, 2021**

**Every other Wednesday 2:30 – 4:30PM**

**Location:** Miskanawah East

2716 Sunridge Way NE Calgary, AB, T1Y 0A5

You can have a supportive, change-focused conversation to help with a challenge you're facing right now. Single session counseling that meets you where you are at, that goes at your pace, and builds on your own strengths and resources.

**Additional appointments are also available** to be booked outside that time.

**Registration and drop-ins welcome:**

Linda Collins

**NEconnector@miskanawah.ca** or **403-700-8440**

Lynette Persaud

**NWconnector@miskanawah.ca** or **403-714-4895**



**miskanawah**  
empowerment • strength • family