The Spirit of Forgiveness Program



The Spirit of Forgiveness Program (SOFP) is a wholistic ten-week ceremonial and cultural recovery program for youth ages 12-18 years of age. This program will be grounded and guided by the "Spirit of Forgiveness" teachings. The "Spirit of Forgiveness" teachings will be gifted to the program by Helpers of the People, Knowledge Keepers and Elders. SOFP will be led by a cultural, storytelling and teaching process that will assist participants in their path of: recovery, wellbeing,

resiliency and forgiveness. SOFP will foster a culturally inclusive, nonjudgmental and supportive environment for all the folks involved in the program. Furthermore, the program will also incorporate teachings related to the "Sacred Guiding Principles", which includes and is not limited to: forgiveness, honesty, reciprocity, love, kindness, humility, sincerity, responsibility and respect. SOFP will be running virtually or in person but will always incorporate circle teachings as a living process.

These are some of the featured artists that have contributed their work to the creation of a journal that the youth will use throughout their involvement in the Spirit of Forgiveness program. Miskanawah is extremely grateful for their contribution to this amazing program.



Shelley May

Shelley May: A self-taught mixed media artist of Cree and Scottish descent, Shelley Rose May was born in Prince Albert, Saskatchewan. She now calls Calgary her home and has lived there for over 25 years. To keep her boys entertained, she began experimenting with arts and crafts and fell in love with mixed media. Shelley and her husband Mark collaborate on art pieces including paintings, spirit dolls and other creations. One of their pieces was featured in Colouring It Forward's 2018 Indigenous Art Calendar. They have also collaborated on Christmas card box sets and an Indigenous Art & Wisdom Journal.

Instagram The Métis Mama Art - @themetismama **Facebook** Shelley Rose May (The Métis Mama)



Rhonda Lucy-Tsiktsinensawe Yakonkwe

Rhonda Lucy-Tsiktsinensawe Yakonkwe is an Indigenous Mohawk and Irish European background of Wolf Clan based in Toronto. Her projects have toured the country and been used in lectures, films, and plays with education initiatives throughout Canada while teaching at schools and major universities around Indigenous art history and culture through a hands-on process with the ambition to empower voices through the arts.

All social media at @sunravenarts Email sunravenarts@gmail.com



Autumn Whiteway

Autumn Whiteway (Night Singing Woman) is a Saulteaux/ Métis visual artist and traditional craftworker. Her painting and digital art is primarily focused on the heavily symbolic Woodland Style of art. Her photography, on the other hand, is used as a form of activism to highlight Indigenous issues.

Website www.autumn.ca **Instagram** Oji Creations - @ojicreations

> "Indigenous Motherhood & Matriarchy & Womxnhood" by curator Autumn Whiteway

